





PLAY

1

ASSISTED LIVING KICKOFF

Goal: Launch the your loved one into a safe, supportive, yet independent environment.

Play Summary: Assess ADLs (Activities of Daily Living) — mobility, hygiene, eating, etc.
Introduce the your loved one to the community: tours, meals, meet & greet. Encourage autonomy with a structured support system.
🏈 “Let them return the kickoff — but cover them downfield!”

Contact: _____

At: _____



PLAY

2

THE NUTRITION DRIVE

Goal: Ensure that your loved one will have balanced, delicious meals tailored to their needs.

Play Summary:

Regular nutrition assessments. Menus crafted for health and flavor. Adaptive utensils and dining support when needed. Hydration huddles throughout the day.
“Feed the team right — so they can score every day!”

KINGSTON

GO FOR THE SCORE

GO FOR THE SCORE

PLAY

3

THE DAILY LIVING DRIVE

Goal: Need help performing daily tasks while maintaining dignity.

Play Summary: We offer assistance based on level of need, but let them choose the pace. Use cueing, reminders, and respectful encouragement. Promote engagement through structured activities.



PLAY

4

THE BLITZ IS ON

Goal: Too many Crises, Not Enough Coverage.

- Frequent ER visits, falls, or medication errors.
- Police or EMS called for confusion, safety checks, or accidents.
- Family constantly on edge or reacting to the next “what if.”
- Lack of consistent monitoring or response at home.

KINGSTON

WE'RE MAKING PLAYS & ASSISTING DOWN THE FIELD

GO FOR THE SCORE

PLAY

5

THE SOCIAL HANDOFF



Goal: Keep your loved one engaged, connected, and purposeful.

Play Summary: Activity directors match residents to events based on interests. Encourage both group and one-on-one activities. Build traditions like game nights, socials, and celebrations. “Pass the ball — keep them in the game of life!”



PLAY

6

THE MEMORY CARE ZONE



Goal: Protect and support residents with cognitive decline using structure and safety.

Play Summary: Environment designed for memory support: secure, calming spaces. Routine-oriented care plans to reduce confusion and anxiety. Use validation therapy and redirection techniques.


KINGSTON

WE'RE MAKING PLAYS & ASSISTING DOWN THE FIELD



PLAY

7

THE ASSISTED LIVING ADVANTAGE

Goal: Game on.

Play Summary: Private apartments + shared community spaces = balance of privacy and connection. Help with daily living: bathing, dressing, meds — without benching independence. 24/7 team of caregivers ready to pass the support when it's needed. "It's not about taking over the game — it's about being the best teammate."

Contact: _____

At: _____


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